

Selfishness

We were made for relationship with God. That's how we work. Anything else causes us to break down. Both the Big Book of AA and The Bible have wise counsel to give us so we move out of the self-centeredness which is at the root of all addiction. The Big Book is clear about the end result of selfishness when it is played out to the end.

Selfishness -- self-centeredness! That, we think, is the root of our troubles. Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity, we step on the toes of our fellows and they retaliate. Sometimes they hurt us, seemingly without provocation, but we invariably find that at some time in the past we have made decisions based on self which later placed us in a position to be hurt. Above everything, we must be rid of this selfishness. We must, or it kills us! (Big Book pages 62-63)

God's word shows us a new way. ***I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other.*** (John 13)

Only God makes that possible. And there often seems no way of entirely getting rid of self without His aid. Many of us had moral and philosophical convictions galore, but we could not live up to them even though we would have liked to. Neither could we reduce our self-centeredness much by wishing or trying on our own power. We had to have God's help. (Big Book pages 62-63)

The Bible describes this powerlessness around self-centeredness like this: ***It seems to be a fact of life that when I want to do what is right, I inevitably do what is wrong. I love God's law with all my heart. But there is another law at work within me, that is at war with my mind. This law wins the fight and makes me a slave to the sin that is still within me. Oh, what a miserable person I am! Who will free me from this life that is dominated by sin? Thank God! The answer is in Jesus Christ our Lord.*** (Romans 7)

This is the how and why of it. First of all, we had to quit playing God. It didn't work. Next, we decided that hereafter in this drama of life, God was going to be our Director. He is the Principal; we are His agents. He is

the Father, and we are His children. (Big Book pages 62-63)

As we know Jesus better, his divine power gives us everything we need for living a godly life. He has called us to receive his own glory and goodness! And by that same mighty power, he has given us all of his rich and wonderful promises. He has promised that you will escape the decadence all around you caused by evil desires and that you will share in his divine nature. (2 Peter 1)

Being all powerful, He (God) provided what we needed. If we kept close to Him and performed His work well. Established on such a footing we became less and less interested in ourselves, our little plans and designs. More and more we became interested in seeing what we could contribute to life. As we felt new power flow in, as we enjoyed peace of mind, as we discovered we could face life successfully, as we became conscious of His presence, we began to lose our fear of today, tomorrow, or the hereafter. (Big Book pages 62-63)

So make every effort to apply the benefits of these promises to your life. Then your faith will produce a life of moral excellence. A life of moral excellence leads to knowing God better. Knowing God leads to self-control. Self-control leads to patient endurance, and patient endurance leads to godliness. Godliness leads to love for other Christians, and finally you will grow to have genuine love for everyone. The more you grow like this, the more you will become productive and useful in your knowledge of our Lord Jesus Christ. (2 Peter 1)

Let's learn from God's word and the words of those who've gone before us and whose wisdom is contained in the Big Book of AA. Let's look beyond ourselves to loving God and loving others, to be loved by God and loved by others and let God help us to become what we were created to be – people in relationship rather than self-centered people.

Questions For Reflection and Discussion

1. What is so deadly about selfishness?
2. What does it mean to "quit playing God"?
3. In what areas of my life today do I need to turn to God for Him to reshape the way I am living?