



# House of Hope

A branch of Partners In Hope Recovery Society

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## First Days Plan

### House/Room set-up

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### Arrangements/Contacts

- **?? Welfare Office**
- **?? Probation Officer**

### Meditation/Devotions

- **12 Step Meditation Devotions (or your own)**

### Meeting

- **?? Noon at Recovery Club??**
- **?? Evening Meeting??**

### Volunteer Activities

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### House Chores

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### Step Work/Bible Study (1 hour during the day before supper)

- **Gratitude List/Journal**
- **Meet with Elsie – 9 – 10:30**
- **Read through recovery materials**

### Personal Care

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### Possible Scheduling

7:30 Get up  
8:00 Breakfast, etc.  
8:30 Devotion/Meditation  
9:00 Meet with Elsie  
10:30 Follow-up Homework  
11:30 Noon meeting  
1 – 5 Free time (with some volunteering –  
about an hour's work in all)  
5 – 6 Supper and group devotions  
Eve Meeting??