

NON-ALCOHOL AND DRUG RELATED COUNSELLING/TREATMENT

100 Mile House Eating Disorders Program: 100 Mile House – 250-395-7655 (250-395-7607) – counselling

Apehtaw Kosisan Metis Child & Family Support Society: Prince George – 250-564-5353 (250-564-5352) - individual therapy for residential school abuse

Battered Women's Support Services: Vancouver – 604-687-1867 - services available over phone or in person for women dealing with abuse

Being Bodies: Vancouver – 604-732-0325 - eating disorder group - Th evenings

Breaking Generational Legacies of Residential School Trauma in Families: Tofino – 250-725-3951 (250-725-4285) – Kakawis - trauma healing program for families

British Columbia Victim Services: Burnaby, Coquitlam, Creston, Delta, Campbell River, Grand Forks, Kamloops, Kitimat, Ladysmith, Langley, Masset, Mission, Nakusp, Nelson, New Westminster, North Vancouver, Prince George, Prince Rupert, Port Moody, Powell River, Salt Spring Island, Squamish, Sechelt, Smithers, Vancouver, Victoria, West Vancouver

Cariboo Friendship Centre: Williams Lake – 250-398-6831 (250-398-6115) - restoring our aboriginal roots for those dealing with residential school issues

Community Access Program for Women: Vancouver – 604-874-2938 X118 (604-874-9898) – income assistance support, access to resources, money management, support groups (anger, parenting, communication)

Compassionate Friends of Canada: 100 Mile House, Abbotsford, Castlegar, Coquitlam, Comox Valley, Cranbrook, Kamloops, Kelowna, Kitimat, North Vancouver, Prince George, Princeton, Maple Ridge, Sechelt, Sooke, Trail, Vancouver, Vernon, Victoria, Williams Lake - for those who have child that is deceased

Credit Counselling Society of B.C.: New Westminster – 604-527-8999

Dze L K'ant Friendship Centre Society: Smithers – 250-847-5211 (250-847-8974) - residential school abuse program

Elizabeth Fry Society: Kelowna – 250-763-4613 - sexual abuse/assault counselling, adult counselling, community justice program

Family Services of Greater Vancouver – Relationship Safety Project: Vancouver – 604-731-4951 - individual & group counselling re: violence in relationships - self-referral

Fraser Health Eating Disorders Program: Delta – 604-592-3700 – Port Coquitlam, Maple Ridge, New Westminster – 604-777-8400

Haven Society – Women's Counselling: Nanaimo – 250-756-4414, 250-741-0550, Parksville – 250-248-3500 (250-248-3590) - stopping the violence - victim's services

Hiiye'yu House of Friendship: Duncan – 250-748-2242 (250-748-2238) - healing the family circle for grief & loss, anger management, communication, boundaries & self care - family, men's & women's programs

Indian Residential School Survivors Society: Vancouver – 604-925-4464 (604-925-0020) – counselling

John Howard Society: Kelowna – 250-763-1331 (250-763-1483) - anger management

Kelowna Family Centre: Kelowna – 250-860-3181 (250-860-3188) – 1-1 and groups – relationship conflict, family life, transition, loss, self-esteem

Ki-Low-Na Friendship Society: Kelowna – 250-763-4905 (250-861-5514) - residential school survivor program

Living Through Loss Counselling: Vancouver – 604-873-5013 (604-873-5002) - drop-in sessions for free/donation

Newton Advocacy Group Society: Surrey – 604-596-2311 (604-596-2319) - women's empowerment group

North Peace Community Resources Society: Dawson Creek – 250-782-9174, Fort St. John – 250-785-6021 (250-785-4659) - counselling for victims of sexual abuse

Ooknakane Friendship Centre: Penticton – 250-490-3504 – culturally based programs

Parksville Eating Disorder Program (under South ...): Parksville – 250-248-0076 (250-468-9182) - sliding fee scale - take self referrals

Port Alberni Friendship Centre: Port Alberni – 250-763-8281 (250-763-1877) - cultural, educational & recreational programming

Positive Women's Network: Vancouver – 604-692-3000 (604-684-3126) - many forms of support

Provincial Care & Custody Abuse Program: Kamloops – 250-376-1296 (250-376-2275) - services to adults abused as children in provincially funded facilities

South Health Area Program for Eating Disorders: Duncan – 250-701-3040 (250-701-3045) - referrals must come from doctor

South Fraser Women's Services Society: Surrey – 604-536-9611 (604-536-6362) - disabled women's group – M 12:30– 4:30, females learning & managing emotions – 12 sessions – 2X/yr, lesbian support group – 2nd & 4th Th 19:30–21:30, women of power & passion M 19:00–21:00 – for abused women, pathways to wellness – 10 sessions 2X/yr – for anxiety, fear, panic & emotional blocks, stopping the violence counselling for women with abuse histories

Tansi Friendship Centre Society: Chetwynd – 250-788-2996 (250-788-2353) - residential school healing circle

Tillicum Haus Native Friendship Centre: Nanaimo – 250-753-8291 - residential school healing, sexual abuse intervention, aboriginal recovery & wellness drop in

Tse Tsa Wal Tul – Residential School Healing Program: Nanaimo – 250-753-8291 (250-753-6560) - men's, women's & couples support groups

Vancouver Aboriginal Friendship Centre: Vancouver – 604-251-4844 (604-251-1986)

Victoria Kwagiulth Urban Society: Victoria – 250-381-8587 (250-383-1345) - residential school healing project & suicide prevention