

Addictions and Dependencies

We've come to understand that addictions and dependencies are not just alcohol or street drugs. We realize that we often switch to expressions of our addictive personality when we leave a certain set of behaviours behind. We want God to meet us and heal us in the deeper areas of our being where we've been wounded and carry pain and shame so we can leave addictions of all kinds behind.

SUBSTANCE ADDICTIONS
Alcohol
Caffeine
Food
Injection Drugs
Marijuana
Prescription Medications
Smoked Substances: (ie: Crack)
Sugar
Tobacco

PROCESS ADDICTIONS:
Achievement/Success (Need to be #1)
Computer
Crime
Gambling
Eating Disorders
Electronic Gaming
Internet/Social Networking
Money
Pornography
Rage
Religion
Sex
Shopping
Sports
Television
Work

RELATIONSHIP ADDICTIONS
Abusive Relationships
Approval dependency
Attention Seeking
Co-dependence/Rescuing
Control
Gossip
Lying
Power
Violence