



Lend a Hand



Food Co-op

Helping low income singles and families get affordable and nutritious food each week

- Packaging and sorting food for packages (Fri 12-2pm)
- Delivery of Food Packages (Fridays 12-4pm)
- Sorting and cleaning - shelves and fridge/freezer

Drop-in Centre Fellowship

Foundational to all we do is our desire to be an expression of God's loving presence. Several times each week we need volunteers to:

- share coffee with new friends,
- hand out some information,
- wash dishes
- serve food
- prepare sandwiches, etc. (Monday, Wednesday, Friday Sunday)
- listen to a story
- share a word of encouragement

Prison Visits

(in conjunction with M2/W2 Restorative Justice Ministries)

A unique one-on-one setting for supportive conversations shapes prison visits. Volunteers are matched to inmates and every couple of weeks spend an evening together inside the prison. It's often one of the highlights of the week for those of us who visit inside the walls. We are grateful to partner with our friends at M2/W2 Restorative Justice Ministries who have been bringing a presence of loving support to inmates for more than 40 years.

Community Outreach Worker

Be a part of someone's next positive step towards help and wholeness by simply sharing helpful information that steers an individual towards practical help in areas such as:

- Emergency services assistance
- Detox and drug treatment support
- Christian Support Groups
- 12-Step Program Information
- Affordable Housing Information
- Food Co-op
- Educational upgrading
- Employment search assistance

House & Vehicle Upkeep and Repair

There are always ongoing upkeep and repair needs at the houses. If you are a handyperson and like to do hands-on service, we can use your talents. Some current opportunities include:

- Yard work and gardening (hedge trimming, grass cutting, tree trimming, weed removal, etc.)
- Cleaning gutters
- Vehicle washing and vacuuming
- Plumbing and electrical maintenance
- Painting
- Window washing
- Carpet cleaning

Food Preparation

We are always cooking for large groups of individuals. Some food could be prepared in our own home. You can also come and be part of the group of individuals who cut and peel and chop and fry and prepare delicious meals for our many weekly guests.

Office Assistance

From filing to bookkeeping, website updating to mailings